



For better
mental health

Dorset Mind
11, Shelley Road
Bournemouth BH1 4JQ

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Registered in England as a Company
Limited by Guarantee
Registration Number 5333018
Registered Charity No. 1108168

JOB DESCRIPTION

LGBT Young Adults Worker

Hours	9 hours per week
Salary	£4380
Holiday	4 weeks per year (pro rata)
Length of Contract	9 Months

The aim of the post is to raise awareness of mental health issues among young lesbian, gay, bisexual and transgendered adults aged 16-25 and to improve their access to mental health and other support services, and to provide other support as appropriate. The worker will also promote self-help and recovery.

Specific tasks include:

- Engaging with LGBT young adults aged 16-25
- Carrying out mental health promotion and awareness sessions with groups of LGBT young adults
- Promoting self help and recovery with the client group
- Signposting and facilitating access to mental health and other support services
- Identifying opportunities for partnership working with other statutory and voluntary agencies
- Liaising with interested parties, including mental health professionals etc., within Bournemouth and Poole, and developing links with other services
- Attending meetings of the Leadership Team of Dorset Mind (six meetings per year)
- Providing written reports on the activities and progress of the groups to meetings of the Executive Committee of Dorset Mind (six meetings per year) and attending meetings of the Executive Committee when required
- Such other reasonable tasks as the Trustees may from time to time require



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Person Specification

The Co-ordinator should be:

- Aware of mental health issues
- Experienced in working with young adults
- Aware of equal opportunities issues
- A good organiser
- Kind, confident, cheerful and unflappable
- Be self motivated and able to motivate others
- Be committed to high quality services and willing to take the lead in developing such services
- Willing to liaise actively with trustees, colleagues and service users

Experience of working with young adults and with LGBT organisations or groups is desirable.

Dorset Mind will provide assistance with organisational and administrative matters and such other assistance as may be appropriate.

The worker will be required to comply with all Dorset Mind's policies, including those on Health & Safety, Equal Opportunities, Human Rights, Complaints etc.

As the worker will be working with vulnerable adults, they will be subject to a Criminal Records Bureau check.